



Become Passion

Dr. Cheryl Fraser

International Speaker, Media Psychologist, Television Host, Author

Sharp, frank, and fearless – that's clinical psychologist and sex therapist Dr. Cheryl Fraser. With a rare combination of academic credibility, humour, straight-talk and effective interventions, Dr. Cheryl is a sought-after seminar leader and media expert. Whether on television (W Networks Personal Development expert, Love coach on the Shopping Bags, Money coach on CBC Marketplace) radio (Dr. Cheryl's The Love Buzz, The Dr. Cheryl Fraser show, Air America, CBC) or in print (Glow Magazine, Parents Canada, LavaLife, and her forthcoming book, *Become Passion: Kill the Soulmate and Save Your Relationship*), Dr. Cheryl is known for her ability to cut through to the core of the problem and challenge people to create the passionate change they crave.

As an international speaker, Dr. Cheryl teaches her Become Passion work and the Awakened Lover weekend, her signature intensive three-day relationship bootcamp. This Passionate weekend takes a stale, stuck relationship and creates intimacy, thrill and sensuality, and can turn a Dud to a Stud and a Good Girl into a Goddess. She teaches other motivational and relationship seminars across North America on topics from improvisation to emotional connection and communication, using accelerated learning techniques and a dynamic, interactive training style.

In terms of academic chops, Dr. Cheryl completed her post-doctoral training at the University of California, San Francisco medical school as a Fulbright Scholar. She is a Registered Psychologist with a PhD in psychology from Simon Fraser University, where she won the Dean's medal as the top Doctoral Candidate in the university and over \$100,000 in scholarships and awards. Dr. Cheryl has taught college and university, as well as keeping a busy private practice specializing in sex and couples therapy.

Her diverse life experience includes time spent as an actor and comedian. Dr. Cheryl was a founding member of "Rock, Paper, Scissors", Vancouver's pre-eminent sketch comedy and improv troupe, and she was a regular performer with Vancouver Theatresports. She has trained as an actor in Vancouver and San Francisco. Off the stage, she is a dedicated student of Buddhist meditation, having completed a 3-month meditation retreat in winter in an Ontario cabin, with no power or water.

Dr. Cheryl likes to remind folks that although she is a trained "relationship expert," she is also just another hopeless romantic. Even since her first orgasm (which involved an electric Snoopy toothbrush), and through some epic love stories and love disasters, Dr. Cheryl has confronted the intense, joyful and painful emotions of relationships from I do to divorce and on to *Becoming Passion*. It is her personal experiences together with her professional expertise that make her trainings and media appearances so accessible and effective.

Over her years of working with couples and singles, Dr. Cheryl repeatedly observed that when we learn to create passionate, respectful, playful Lover relationships something profound happens; we begin to interact with the world in a more passionate, respectful, playful way. As a result, she founded Compassionate Ventures, a company with a vision: To Awaken Humanity, One Lover at a Time.

Sex, relationships, world events and the meaning of life; it's all fair game with Dr. Cheryl Fraser.



Dr. Cheryl Fraser, Ph.D
The Passion Coach

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www.becomepassion.com

"Passion and Play can Last a Lifetime, I'll Show you How."



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Television Credits (selected)

W Network, "The Experts"
Personal Development Expert
Series regular on the Ultimate
Expert Challenge, 2009

W's "The Shopping Bags"
Multiple Appearances as Guest Expert on
topics including Internet Dating, Gender
Differences in Shopping, Psychology of high
pressure sales

Omni Films "Love Knot"
Relationships Expert & Consultant

CBC's "Marketplace"
Guest expert working with Canadian
families on the Debt Nation special

VTV "The Breakfast Show"
Multiple Appearances as Guest Expert on
topics including Sexuality, Relationships,
Dreams, Anxiety Disorders, Sports Psychology

CityTV "Breakfast Television"
Passion Expert

The Men's Room (Pilot)
Sexuality Expert



Radio Credits (selected)

Dr. Cheryl's "The Love Buzz"
Weekly sex and love advice, features,
interviews; Host, Producer, Writer, Debut
Summer 2009

**Air America, "Clout with
Richard Greene"**
Regular Guest Expert on relationships;
topics include Tantric Sexuality, Enlight-
ened relationships

The Dr. Cheryl Fraser Show,
Nightly three-hour talk radio show on
CFUN in Vancouver, Host and Creative
Producer 2001-2002

CBC National "Dating Diana"
Radio column Guest Expert on Passion
and Predicting Divorce; multiple appear-
ances coast to coast on the Afternoon
Show, various psychology topics

Writing Credits (selected)

Dr. Cheryl is currently writing her book
**Become Passion: Kill the Soulmate and
Save Your Relationship**, forthcoming, 2010

- Passion columnist for **Parents Canada** magazine

Regular Interviews and articles in:

- Lavalife online
- Glow magazine
- Elle Magazine
- Women's World
- Vancouver Province
- Calgary Herald
- Lussion
- Vividly Women

Speaking Credits (selected)

The Awakened Lover Weekend
3-day Passion and Relationship Bootcamp,
Compassionate Ventures Inc, Dr. Cheryl's
signature program

Passion and Wellness
John Gray's O Spa and Isagenix International;
Topics: The Passion Triangle, Emotional
Cleansing; Play

**The Art of Connection for
Enlightened Trainers**
Isagenix International; headline trainer, Topics:
Improvisation and Authenticity: How to be Dy-
namic and Emotionally Connected on stage

**Beyond Courage Personal
Development Camp**
Isagenix International; headline trainer, Topics:
The Passion Triangle; Feminine Energy and
Sexual polarity; Meditation; Emotional Cleanse

**Words that Shook the World
Speakers' University**
Richard Greene; Invited guest trainer, Topics:
Improvisation for Elite Speakers, Psychologi-
cal Breakthrough and Accessing Emotional
Speaking

Science World Keynote Speaker
Topic: Dr. Cheryl's evening of Passion,
Chocolate and Wine

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